



# PHYSICAL ACTIVITY & BRAIN DEVELOPMENT WORKSHOP

SAVE  
THE  
DATE

## NOVEMBER 20, 2015

ABILITIES CENTRE  
WHITBY, ONT

Join us as we explore the impacts of physical activity on children's brain development by bringing together community organizations offering physical activity programs and researchers in Exercise and Brain Sciences.

**WITH A PLENARY PRESENTATION FROM:**

**John Ratey, MD** (Harvard University)

**AND KEYNOTE ADDRESSES FROM:**

**Fernando Gomez-Pinilla, PhD** (UCLA)

**John Cairney, PhD** (McMaster University)

**Matthew Pontifex** (Michigan State University)

BROUGHT TO YOU BY:



SPONSORED BY: